

# DEPARTMENTAL BEST PRACTICES

**Wikipedia in Education**

**Peer Education**

**Community Engagement**

**KISSAE: Stories through Art**

**Lifestyle and Wellness Club  
Activities**

**Discernment Journey**



CHRIST  
Deemed to be University

**CHRIST**  
DEEMED TO BE UNIVERSITY  
DELLA - NCR - INDIA

**LIFESTYLE & WELLNESS CLUB**

DEPARTMENT OF PSYCHOLOGY  
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

Presents  
**Workshop on  
"Experiencing Flow Through Art"**

Resource person  
Dr. Garima Joshi, Assistant Professor  
Department of Psychology

DATE: 29 SEPTEMBER 2021  
TIME: 2:00 P.M TO 3:30P.M  
VENUE: SEMINAR HALL, 2ND FLOOR , BLOCK B

f ncr.christuniversity i christ\_university\_ncr ncr.christuniversity.in

Department of Psychology,  
School of Humanities and Social Sciences  
Presents  
Lifestyle and Wellness Series  
6am- 7am | 8 - 12 February 2021

**YOGA WORKSHOP**  
For wellbeing  
By experienced Yoga  
instructor  
**ROHIT DULAL**  
Vinod Dulal Yoga Institute  
20+ Years of Yoga  
Experience

Kindly contact  
Sampada - 9420071588  
for further details

www.ncr.christuniversity.in  
@christ\_university\_ncr\_official  
ncr.christuniversity



# Best Practices

## Kissae- Stories through Art

