

**Department of Psychology**  
**CHRIST (Deemed to be University), Delhi NCR Campus**

**Research Publications**  
**(Academic Year 2024-25)**



**Dr. Ridhima Shukla**

- [Decoding Cognitive Control and Cognitive Flexibility as Concomitants for Experiential Avoidance in Social Anxiety.](#)
- [Exploring the mediating influence of psychological flexibility and self-compassion on the relationship between adverse childhood experiences and post-traumatic growth among young adults in India.](#)
- [Developing a tool for assessing perceived parental socialization of emotions in adolescents and young adults.](#)



**Dr. Sneha Saha**

- [Exploring perceptions of psychology students in Delhi-NCR Region towards using mental health apps to promote resilience: a qualitative study.](#)



**Dr. Bhawna**

- [Deciphering the global research trends and significance of moral intelligence via bibliometric analysis.](#)
- [Breaking Barriers: Contemporary Challenges and Solutions in Male Mental Health.](#)
- [Untold Stories from the Slums: A Qualitative Exploration of the Lives of Female Informal Waste Workers.](#)
- [Social Support and Help-Seeking Worldwide.](#)
- [Harnessing the Power of Climate Activism: Insights from psychological perspectives on climate change engagement- A systematic review.](#)
- [A Qualitative Enquiry of the Experience of Music Professionals during the COVID-19 Pandemic.](#)



**Dr. Swati Pathak**

- [Exploring Female Narratives of Sexual Intimacy and the Social Suppression of Desire.](#)
- [The Role of Imposter Phenomenon on Self-Handicapping and Psychological Distress among Young Adults.](#)
- [Interplay between personality and attitude towards emotions with creative self concept.](#)
- [Exploring the Psychosocial Challenges and Strengths of Indigent Adolescents: A Reflexive Thematic Analysis of Counsellor's Insights.](#)
- [Understanding the Link between Learned Helplessness, Personality Traits and Academic Performance in Male and Female University Students.](#)

- [Neurodivergence and COVID-19 Pandemic: A Reflexive Thematic Analysis on the Experiences of a Mother of an Autistic Child in India.](#)



**Dr. Kritika Rastogi**

- [Air Quality Index, Personality Traits and Their Impact on the Residential Satisfaction and Quality of Life: An Exploratory Path Analysis Model.](#)
- [Psycho-Therapeutic Management of Internet Gaming Disorder: A Systematic Review.](#)
- [Integrating spiritual disposition intervention into behavioral medicine: A case report on systemic lupus erythematosus from India.](#)
- [Level Up or Log Out? Exploring the Multifaceted Effects of Internet Gaming on Youths Life: Emotional intelligence, coping behavior, aggression, procrastination & quality of life.](#)



**Dr. Neeraj Panwar**

- [Interplay between personality and attitude towards emotions with creative self concept.](#)
- [Sensory processing sensitivity in relation to coping strategies: exploring the mediating role of depression, anxiety and stress.](#)
- [Decoding Cognitive Control and Cognitive Flexibility as Concomitants for Experiential Avoidance in Social Anxiety.](#)
- [Eco-Anxiety and Climate Change Perceptions in Relationship to Mental Health.](#)
- [Workplace Ostracism as a Predictor of Turnover Intentions in the Banking Sector.](#)

- Effect of BFSI Industry on Organizational Cynicism, Employee Performance and Turnover Intentions.
- [An Exploratory Study of Emotional Labour Among Therapists and Counsellors in India.](#)



**Dr. Sonali Mukherjee**

- [The Role of Imposter Phenomenon on Self-Handicapping and Psychological Distress Among Young Adults.](#)
- [Understanding the Link between Learned Helplessness, Personality Traits, and Academic Performance in Male and Female University Students.](#)
- [Exploring the Psychosocial Challenges and Strengths of Indigent Adolescents: A Reflexive Thematic Analysis of Counsellor's Insights.](#)
- [Service Learning Beyond the Classroom: Engaging Students in Environmental Stewardship.](#)
- [Neurodivergence and COVID-19 Pandemic: A Reflexive Thematic Analysis on the Experiences of a Mother of an Autistic Child in India.](#)



**Dr. Ilika Guha Majumdar**

- [Identifying Social-Cognitive Factors Influencing Aggression in Adolescents: A Cross-Sectional Indian Study.](#)
- [Exploring Self-Objectification Among Queer Community in India—A Qualitative Study.](#)



**Dr. Oindrila Mukherjee**

- [Graffiti of Healing: Therapeutic elements of hip-hop dance among Indian youth.](#)
- [Invalidation of Emotions and Emotional Eating: The moderating role of emotion regulation among young adults.](#)



**Dr. Nikita Jain**

- Reflexive Praxis in University Classrooms in India: A Case Study.
- [Partner betrayal trauma and trust: Understanding the impact on attachment style and self-esteem.](#)



**Dr. Anganabha Baruah**

- [The Impact of Computer-Mediated Communication on Relationships and Social Interactions.](#)
- [A Paradigmatic Shift: Telehealth Counselling's Expansion and Challenges in India.](#)
- [Artificial Intelligence Influence on Leadership Styles in Human Resource Management for Employee Engagement.](#)
- [Deep Learning Enabled Parent Involvement and its Influence on Student Academic Achievement Analysis.](#)



**Ms. Sabornee Karmakar Basu**

- [Assessing the Role of Fear of Sexual Violence on Well-Being, Coping Mechanisms, and Social Avoidance in Women.](#)



**Dr. Harleen**

- [Sexual Orientation and Gender Identity and School Life in India.](#)
- [Unveiling Health Disparities: Navigating the Unique Challenges Faced by Abused Women, Transgender Individuals, and Underprivileged Children.](#)
- [Breaking Barriers: Contemporary Challenges and solutions in male mental health.](#)
- [Impact of COVID-19 and Social Distancing Measures on Married Women: A Qualitative Enquiry.](#)
- [Social support and help-seeking worldwide.](#)
- [Towards an Integrative Psychological Science-Issues, Approaches and Applications.](#)



**Dr. Shreyasi Roy**

- [The Development and Primary Validation of Employee Green Behavior Scale.](#)
- [The Presence of ‘Others’ Increases Prosociality: Examining the role of dating Partner’s accompany on donation.](#)



**Dr. Sreeja Das**

- [Social Support and Help-Seeking Worldwide.](#)
- [Impact of COVID-19 and Social Distancing Measures on Married Women: A Qualitative Enquiry.](#)



**Dr. Anika**

- [Perceived Parenting and Cognitive Distortions Among School Girls](#)